

## **The Incredible Years at Children's Hospital Los Angeles**

Children's Hospital Los Angeles (CHLA) is beginning its 10<sup>th</sup> year of providing Incredible Years (IY) groups for parents and their children with early onset conduct problems. In association with the University of Southern California (USC), CHLA provides mental health services through Medicaid's child health component, known as the Early Periodic Screening, Diagnosis, and Treatment (EPSDT) program. The Incredible Years has become an integral part of CHLA's American Psychological Association (APA) accredited Pre-doctoral Psychology Internship and Postdoctoral Psychology Fellowship training programs.

Under the leadership of Agency Mentor and Assistant Professor in Clinical Pediatrics Dean Coffey, PsyD, CHLA provides twelve 18-20 week School Age BASIC and Early Childhood/Preschool BASIC parent training groups and twelve Dinosaur School child therapy groups per year. Clinicians and staff from CHLA training programs participate in weekly group supervision using the collaborative IY Peer Coaching and Consultation Day models to review recordings of their groups, provide feedback, and practice their group leadership skills.

Research efforts at CHLA using The Incredible Years programs include The Filipino Family Initiative, a 2012 pilot study using IY as a prevention parenting program in the Filipino community of Los Angeles conducted by general pediatrician and Assistant Professor in Clinical Pediatrics Joyce Javier, M.D. Dr. Javier recently received a four-year K23 Award entitled, "Engaging Immigrants in Preventive Parenting Interventions" that will be funded by the Eunice Kennedy Shriver National Institute of Child Health & Human Development of the National Institutes of Health.

For further information regarding the Incredible Years at CHLA, please contact Dean Coffey, PsyD at [dcoffey@chla.usc.edu](mailto:dcoffey@chla.usc.edu) or Joyce Javier, M.D. at [jojavier@chla.usc.edu](mailto:jojavier@chla.usc.edu)