

Functional Family Therapy - Gang (FFT-G®): An evidence- based youth gang prevention and intervention add-on program for existing certified FFT teams

**Transforming Youth Trajectories
Through a Family Intervention**

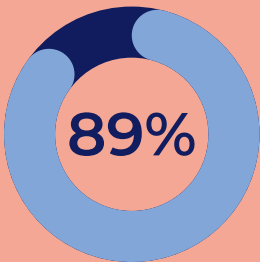


FFT-G®
Functional Family Therapy- **Gang**

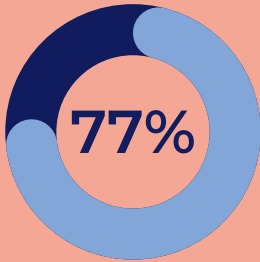
Functional Family Therapy - Gang (FFT-G®) represents a significant advancement in youth gang prevention and intervention strategies. This comprehensive guide outlines our evidence-based approach, documented outcomes, and implementation framework.

Core Components of FFT-G

Target Population	Distinctive Features	Long-term Impact
<ul style="list-style-type: none">• Youth who are gang-involved• Youth at risk of gang involvement• Families in gang-affected communities• Ages 11-18	<ul style="list-style-type: none">• Family-centered approach• Evidence-based methodology• Culturally competent delivery• Sustainable intervention model• Uniquely matched to each community	<ul style="list-style-type: none">• Sustained benefits 12+ months post-treatment• Improved family relationships• Enhanced community safety• Reduced gang activity



Reduction in drug charges



Decrease in delinquency adjudication



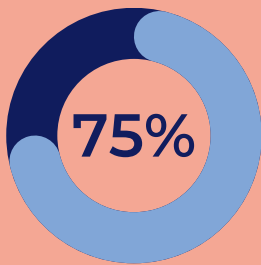
Fewer days in residential Placement



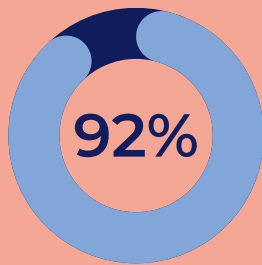
Documented Outcomes

- **Statistical Evidence**

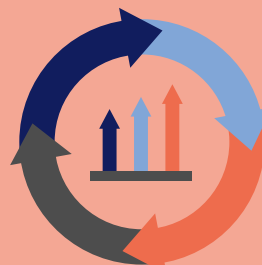
- Improved crime outcomes favor FFT cases (Felony, person, property, drug)
- Significantly lower recidivism rates at 18 months post-treatment, stronger for higher-risk cases.
- Higher engagement and completion rates with FFT regardless of risk level at entry compared to treatment as usual.
- Costs are lower per youth served for treatment (FFT) than for control (treatment as usual) – primarily due to fewer days spent in residential placement for FFT



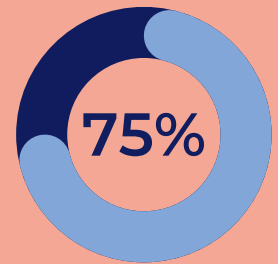
of youth and families report significant improvement in family functioning



of the youth remain at home or in the community at closing



Pre / Post measures demonstrate significant improvements in youth behavior.



of youth have no new law violations

Economic Impact Analysis

- **Cost Savings**

- Reduced justice system involvement
- Decreased incarceration rates
- Lower community supervision costs
- Efficient service delivery
- Maximized intervention impact
- Sustainable outcomes

Getting Started with FFT-G

FFT-G for Existing Teams is a 12-month program of training to build skills, competence, and confidence in working with violent, gang-involved (or at-risk) youth and their families. The program includes (i) an intensive stakeholder engagement/preparation process, (ii) ongoing monitoring of stakeholder involvement, (iii) clinical training and group consultation, and (iv) on-site supervisor support. The training plan is designed to deliver all training and group consultation in the first six months, and to support the localization of skills in the last six months.

Components of Training (Duration 12 months)

- **Stakeholder Involvement**

- Initial conversations (with site, stakeholders)
- Identification and engagement of local “gang experts”
 - Increase knowledge of local gang culture(s) and facilitate a working relationship with community-based programs that are working with gang-involved youth (e.g., police, neighborhood programs)
- In person stakeholder meeting
- Ongoing Monitoring (monthly to monitor community engagement, integration of gang resources in treatment process, and team data).

- **Clinical training**

- Initial (one day): In person
- Follow-up (one day; 3-4 months post initial): Virtual

- **Consultation**

- 12 group consultation sessions over 6 months (delivered by FFT-G expert). Goal of a minimum of 2-3 FFT-G cases (as part of the normal caseload) at any given time.
- 6 group consultations over second 6 months

- **Coordination with FFT LLC Consultant over 12 months**

- 12 monthly calls with FFT LLC FFT-G expert, FFT LLC Phase 2/3 Consultant, and On-site Supervisor (*Note: These calls do not replace existing Phase 2 or Phase 3 activities for the team*)

Requirements specific to FFT-G

Who is eligible?

- Current FFT providers who have completed Phase One and are midway through Phase 2 (On-site supervisor will have completed both ST1 and ST2, and the team is 6 months or more into Phase 2 year)
- Team in good standing (fidelity (3+), (utilization (70-80%), (completion (70-80%), and dissemination adherence (4+))
- Clinical work experience with a range of risks, including gang-involved/at-risk youth as well as violent youth

Costs* (\$16,000) include the following:

- Stakeholder
 - Initial calls
 - Stakeholder event (plus travel)
 - Ongoing Monitoring
- Clinical Training
 - Initial (plus travel)
 - Follow-up: (virtual)
- Consultation
 - 12 Consultation Sessions (first 6 months)
 - 6 Consultation Sessions: (second 6 months)
 - Prep for calls/data review
- Coordination Calls
 - 12 monthly calls
 - Prep for calls/data review

****Note: Cost does not include travel for the above events. Travel and per diem will be billed as incurred.***



**If you are interested in
moving forward with the FFT-
G® add on, speak with your
current FFT LLC consultant for
further information.**

**Atlanta Location
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www.fftllc.com



FFT LLC

An Empower Community Care Organization