



FFT LLC

Evidence-Based Interventions for Youth and Families

Functional Family Therapy (FFT) is an evidence-based intervention for youth and families. This high-quality, strength-focused family counseling model is designed primarily for at-risk youth who have been referred by the juvenile justice, mental health, school, or child welfare systems. Services are short-term and conducted in both clinic and home settings, and can also be provided in schools, child welfare facilities, probation and parole systems, and mental health facilities.

Who We Serve



At-risk Youth & Families



Youth in the Child Welfare System



Gang-involved Youth

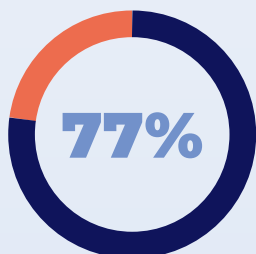


Youth Under Probation & Parole

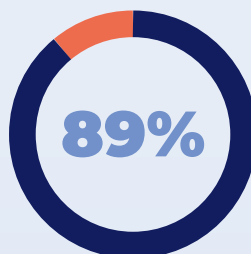


Proven Results

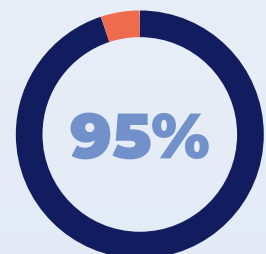
Studies show that of youth who participated in FFT treatment,



Have no new offenses 18 months post-referral



Have no drug charges 18 months post-referral



Attend school/work at treatment close



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Who is FFT LLC?

FFT LLC is the original developer of the FFT Training model, the exclusive owner of the FFT Training intellectual property that has been documented to be effective in clinical trials, and the ultimate licensor of the FFT brand.

FFT LLC is the only training organization in FFT that trains to the evidence-model developed by Dr. James Alexander, and the only training organization with consistently positive outcomes across multiple independent studies conducted. With respect to the latter, the FFT LLC training protocol has been shown to be effective in more than 25 published peer reviewed evaluations since 2010.

A leader in collaborative statewide training and quality assurance projects

Over 50 years of proven success

Large and experienced team

Why is FFT LLC the Training and Certification Organization of Choice?



Independently Studied with Consistently Positive Results

FFT LLC is the only Functional Family Therapy training organization with multiple independent studies conducted that produce consistently positive outcomes.



Largest Number of Certified Locations

FFT LLC has trained the highest number of FFT agencies, supporting 310+ teams that serve over 40,000 families a year.



Largest FFPSA Footprint

Since the inception of the Family First Prevention Services Act (FFPSA), FFT LLC has established teams in 14 US states utilizing FFPSA funding.



Advanced Web-Based Data Tracking Software

Seamlessly tracks all data required by the FFPSA and other state or local projects, including program outcomes and model adherence reports.



Experts in Large Scale Projects

We have 12 current coordinated state and nationwide programs.



Quick and Efficient Startup Process

FFT LLC has the infrastructure to support tight training timelines and large project startups.