Functional Family Therapy

An overview of our evidence-based intervention for youth and families

WWW.FFTLLC.COM
Functional Family Therapy (FFT) is an evidence-based intervention for youth and families. This high-quality, strength-focused family counseling model is designed primarily for at-risk youth who have been referred by the juvenile justice, mental health, school, or child welfare systems. Services are short-term and conducted in both clinic and home settings, and can also be provided in schools, child welfare facilities, probation and parole systems, and mental health facilities.

Who FFT Serves

| At-Risk Youth & Families | Youth in the Child Welfare System | Gang-Involved Youth | Youth Under Probation & Parole |

Key Features

**Evidence-Based**

50+ studies conducted on FFT over the past five decades point to consistently positive results—both short and long-term.

**Cost-Effective**

FFT delivers cost benefits to taxpayers. Florida, for example, saved $193 million through the inclusion of FFT in its Redirection Project.

**Family-Focused**

By including a family’s individual set of values, cultures, needs, and barriers in the treatment planning process, FFT significantly increases motivation for change.
Proven Results

Treatment Outcomes

Studies show that of youth who participated in FFT treatment,

- 77% have no new offenses 18 months post-referral
- 89% have no drug charges 18 months post-referral
- 95% attend school/work at treatment close

Cost Savings

Cost Savings:

UP TO $5,000 SAVED PER FAMILY

Pennsylvania:

$67M TOTAL SAVED
FFT produced an estimated $67 million economic benefit for Pennsylvania through crime reductions.

Washington:

$19 ROI FOR EVERY DOLLAR SPENT
For every dollar spent on FFT in Washington, $19 is saved through reductions in felony recidivism.
For more information, visit www.fftllc.com

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