

Multisystemic Therapy

Proven Results

for Families and Communities

Continuous Quality Improvement

The MST Quality Assurance System Includes:

Training

Manuals related to MST clinical treatment, supervision, expert consultation, and organizational support

Tracking

Adherence tracking that ensures MST staff at all levels are following empirically-supported treatment protocols

Feedback

A feedback loop from families and stakeholders that integrates data-based and qualitative feedback about MST implementation

Proven Results

Research results taken from “real-world” MST teams implementing the MST treatment model have shown that when therapists adhere (TAM-R) closely to the treatment model, outcomes are better for families.*

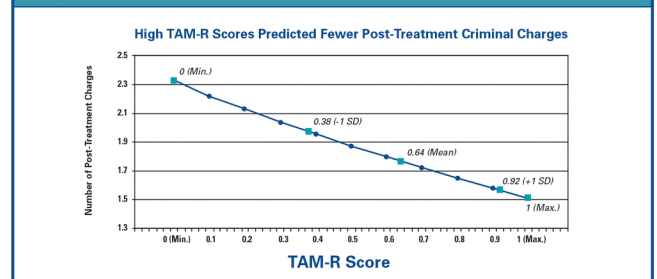
As shown below, the average number of criminal charges per youth declines (vertical axis) as adherence to the model improves (horizontal axis).

Youth criminal charges were 36 percent lower 2.3 years after treatment for families whose therapists had achieved high levels of adherence during treatment.

By providing multiple layers of clinical and programmatic support and ongoing feedback from several sources, the system optimizes the potential for positive clinical outcomes.

Only MST Services provides this level of Continuous Quality Improvement.

MST Transportability Study: Relationship between TAM-R and Youth Criminal Outcomes (2.3-year follow-up)



* Results taken from 45 different communities in the United States and Canada