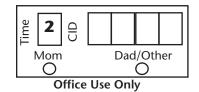
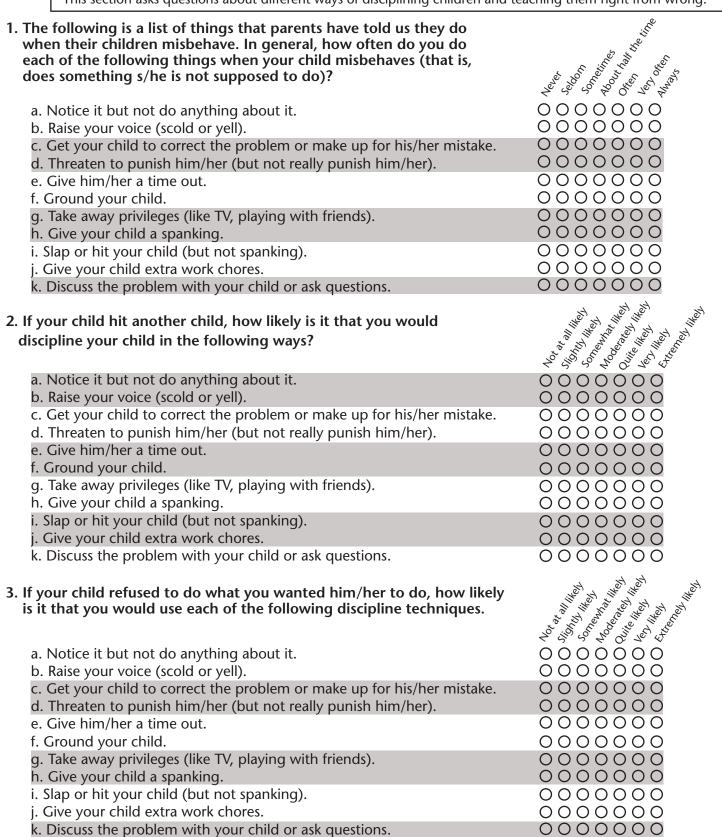


THE INCREDIBLE YEARS®



Parent Practices Interview

This section asks questions about different ways of disciplining children and teaching them right from wrong.



Parent Practices Interview (Page 2)	Ð
4. How much do you agree or disagree with the following statements?	
 a. Sometimes it takes getting really angry with children in order to teach them a lesson. 	00000
b. Children learn best when they don't know what punishment to expect for misbehaving.	00000
c. The best way to avoid a big problem is to discipline a child when the problem is still small.	00000
d. It's okay to let children get away with small misbehaviors – it's better to focus on serious misbehaviors.	00000
e. Being consistent in discipline is more important than giving big punishments for misbehavior.	00000
5. In general, how often do the following things happen?	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
a. If you ask your child to do something and s/he doesn't do it, how	0000000
often do you give up trying to get him/her to do it? b. If you warn your child that you will discipline him/her if s/he doesn't stop, how often do you actually discipline him/her if s/he keeps misbehaving?	0000000
c. How often does your child get away with things that you feel s/he should have been disciplined for?	0000000
d. If you have decided to punish your child, how often do you change	0000000
your mind based on your child's explanations, excuses or arguments? e. How often do you show anger when you discipline your child? f. How often do arguments with your child build up and you do or say things you don't mean to?	000000000000000000000000000000000000000
g. How often is your child successful in getting around the rules that you have set?	
h. How often does the kind of punishment you give your child depend on your mood?	000000000000000000000000000000000000000
6. This is a list of things that parents might do when their child behaves well or does a good job at something. In general, how often do you do each of the following things when your child behaves well or does a good job?	4 4 4 4 4 4 4 4 4 4 4 4 4 4
a. Notice it but not do anything about it. b. Praise or compliment your child.	0000000
 c. Give your child a hug, kiss, pat, handshake or "high five." d. Buy something for him/her (such as special food, a small toy) or give him/her money for good behavior. 	0000000
 e. Give him/her an extra privilege (such as cake, go to the movies, special activity for good behavior). 	0000000
f. Give points or stars on a chart.	0000000

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O More than 10 times per day

7. In an AVERAGE week, how often do you praise or reward your child for doing a good job at home or school?

O About once a day

○ 2-5 times per day

- O Less than once per week
- O About once per week
- A few times per week, but not daily

○ 6-10 times per day

8. Within the LAST 2 DAYS, how many times did you:

- a. Praise or compliment your child for anything s/he did well?
- O Never O 3 times
- O Once \bigcirc 4 or 5 times
- O Twice \bigcirc 6 or 7 times
- O More than 7 times
- O Not with my child in the last 2 days
- b. Give him/her something extra, like a small gift, privileges, or a special activity with you, for something s/he did well?
- O Never O More than 7 times \bigcirc 3 times O Not with my child in the last 2 days O Once O 4 or 5 times O Twice \bigcirc 6 or 7 times

Onever	O 5 times		<i>Q</i> ,
O Once	○ 4 or 5 times	O Not with my child in the last	2 days
O Twice9 Please rate how m	○ 6 or 7 times	with the following statements	2 days
9. Please rate how much you agree or disagree with the following statements. a. Giving children a reward for good behavior is bribery.		0000000	
5	nave to reward my children	to get them to do things they	0000000
c. I believe in u d. It is importa	ising rewards to teach my c nt to praise children when t	they do well.	0000000
it is hard to	find behaviors to praise.	en than criticize him/her, but	0000000
will demand	rewards for everything.	courage good behavior, s/he	0000000
(such as goi		ething s/he is supposed to do , it is a good idea to set up a	0000000
	nuch you agree with the f	•	
b. I have mad	clear rules or expectations e clear rules or expectations aling, lying, etc.		000000000000000000000000000000000000000
c. I have made		for my child about going to	0000000
	ikely you are to do the fol child completes his/her cho	• •	COOOC 40 COOC 40 CO

praise or reward your child? b. When your child does NOT complete his/her chores, how likely are you to punish your child (such as taking away a privilege or grounding him/her)?

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1000000 No Sonewhat they Norder Miller Sighty Hear A Quije Her Les Les 11 (continued). Please rate how likely you are to do the followings things. c. When your child fights, steals, or lies, how likely are you to punish 0000000 your child? d. When your child goes to bed or gets up on time, how likely are you 0000000 to praise or reward your child? e. When your child does NOT go to bed or get up on time, how likely 0000000 are you to punish your child? 12. About how many hours in the last 24 hours did your child spend at home without adult supervision, if any? O None ○ 1/2-1 hour O 1 1/2-2 hours \bigcirc 3-4 hours \bigcirc 2-3 hours \bigcirc Less than 1/2 hour ○ 1-1 1/2 hours O More than 4 hours 13. Within the LAST 2 DAYS, about how many total hours was your child involved in activities outside your home without adult supervision, if any? O None ○ 1/2-1 hour ○ 1 1/2-2 hours O 3-4 hours O 2-3 hours \bigcirc Less than 1/2 hour O 1-1 1/2 hours O More than 4 hours Moye of all of the second 14. Please answer the following: a. What precentage of the time do you know where your child is 00000 when s/he is away from your direct supervision? b. What percentage of the time do you know exactly what your 00000 child is doing when s/he is away from you? c. What percentage of your child's friends do you know well? 00000 Stooper Start 15. How much do you agree or disagree with the following statements? a. It is very important for me to know where my child is when s/he is 0000000 away from me? b. Parents who check up on how their child behaves at friends' houses 0000000 are too anxious about their child. c. Giving children lots of free, unsupervised time helps them learn to 0000000 be more responsible. d. Children who are not superivsed by an adult are more likely to 0000000 develop behavior problems.