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Teacher's Name:

	Very unconfident				Somewhat confident		÷						
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In completing this questionnaire, think about your general strategies	Sol	der	at ent		atc	ц	Jfid						
for managing your entire classroom and not a specific child.	Ĭ	nfic	wh: fide	ਯ	Мh	dei	õ						
	Ž	Unconfident	Somewhat unconfident	Neutral	me	Confident	Very confident						
A. Managing Classroom Behaviour	Š	Ľ	s u	ž	So	ŏ	Š						
1. How confident are you in managing current behaviour problems	1	2	3	4	(5)	6	\bigcirc						
in your classroom?													
2. How confident are you in your ability to manage future behaviour problems in your classroom?	1	2	3	4	5	6	7						
3. How confident are you in your ability to promote students emotional, social and problem solving skills?	1	2	3	4	5	6	7						
enterional, ecolar and problem conving entite.	Frequency Useful							fulr	nes	s			
	Ľ		-					L					
B. Specific Teaching Techniques	eve	es	<u>i</u>		C C			eve	es	Ĩ.		Ľ	
In this section we'd like to get your idea of how often you use the	Ń	ti.	e t		Off€			Ń	tim	e t		<u></u>	
following techniques, and how useful you find each one for	ē	ja Jue	ft	en	ں ج			ē	Je.	ft	en	7	
managing your classroom.	Rarelv/Never	Sometimes	Half the time	Often	Verv Often			Rarely/Never	Sometimes	Half the time	Often	Very Often	
1. Coach positive social behaviours (helping, sharing, waiting)	1	2	3	4	5			1	2	3	4	5	
2. Describe or comment on bad behaviour	0	2	3	4	5			0	2	3	4	5	
3. Reward targeted positive behaviours with incentives (e.g.,	0	2	3	4	5			0	2	3	4	5	
stickers)	0	0	•	0	0			Ŭ	0	0	0	•	
4. Praise positive behaviour	1	2	3	4	(5)			1	2	3	4	(5)	
5. Use Time Out (Time Away to calm down) for aggressive behaviour	1	2	3	4	5			1	2	3	4	5	
6. Single out a child or a group of children for misbehaviour	1	2	3	4	5			1	2	3	4	5	
7. Use physical restraint	0	2	3	4	5			0	2	3	4	5	
8. Reprimand in a loud voice	0	2	3	4	5			0	2	3	4	5	
9. In-house suspension (send to Principal's office for	0	2	3	4	5			1	2	3	4	5	
misbehaviour)	-	-	-	-	-				-	-	-	-	
10.Warn or threaten to send child out of classroom if s/he doesn't	1	2	3	4	(5)				2	3	4	(5)	
behave													
11.Send child home for aggressive or destructive misbehaviour	1	2	3	4	(5)			1	2	3	4	(5)	
12.Call parents to report bad behaviour	1	2	3	4	5			1	2	3	4	5	
13. Ignore misbehaviour that is non-disruptive to class	1	2	3	4	5			(1)	2	3	4	5	
14.Use verbal redirection for child who is disengaged	1	2	3	4	5			1	2	3	4	5	
15.Use problem-solving strategy (e.g., define problem, brainstorm	1	2	3	4	(5)			1	2	3	4	5	
solutions) 16.Use anger management strategy for self (e.g., deep breaths,	1	2	3	4	5			1	2	3	4	(5)	
positive self-talk)	U	C	9	U	9			U	C	9	U	9	
17.Prepare children for transitions with predictable routine	1	2	3	4	5			1	2	3	4	5	
18.Use group incentives	1	2	3	4	5			1	2	3	4	5	
19.Use special privileges (e.g., special helper, extra computer time)	1	2	3	4	5			1	2	3	4	5	
20.Set up individual incentive programme (e.g., stickers, prizes)	1	2	3	4	5			1	2	3	4	(5)	
21. Give clear positive directions	1	2	3	4	(5)			1	2	3	4	(5)	
22.Warn of consequences for misbehaviour (e.g., loss of privileges)	1	2	3	4	5			1	2	3	4	5	
23.Use clear classroom discipline plan and hierarchy	1	2	3	4	5			1	2	3	4	5	
24.Use emotion coaching	1	2	3	4	5			1	2	3	4	(5)	
25.Use nonverbal signals to redirect child who is disengaged	1	2	3	4	5			1	2	3	4	5	
26.Use persistence coaching (focusing, being patient, working hard)	1	2	3	4	5			1	2	3	4	5	
27.Send home notes (or frowny faces) to report problem behaviour	1	2	3	4	5			1	2	3	4	5	
to parent													
	-	-	-	-	-	-			_				

28.Send notes/happy grams home about positive behaviour	1	2	3	4	5	1	2	3	4	5
29.Call child after a bad day	1	2	3	4	5	1	2	3	4	(5)
30.Take a student interest survey	1	2	3	4	5	1	2	3	4	5
31.Call parents to report good behaviour	1	2	3	4	(5)	1	2	3	4	(5)
32.Model self-regulation strategies for students	1	2	3	4	5	1	2	3	4	5
33. Teach specific social skills in circle time	1	2	3	4	(5)	1	2	3	4	5
34.Use imaginary play/drama, stories and puppets to teach problem solving	1	2	3	4	5	1	2	3	4	5
35. Set up problem solving scenarios to practice prosocial solutions	1	2	3	4	5	1	2	3	4	(5)
36.Promote respect for cultural differences in my classroom	1	2	3	4	5	1	2	3	4	(5)
37. Teach children to ignore disruptive behaviour	1	2	3	4	(5)	1	2	3	4	5
38. Teach children anger management strategies (Turtle technique, calm down thermometer)	1	2	3	4	5	1	2	3	4	5

C. Working with parents In this section we'd like to get your idea of how often you use each of the following approaches. Please mark the response that most clearly describes your interactions.	Never	1 time per year	2-3 times per year	Once a month	Once a week	Daily
1. Promote parent involvement in classroom	1	2	3	4	(5)	6
2. Teach parent skills to enhance classroom learning at home (e.g, coaching, reading, use of incentives)	1	2	3	4	5	6
Collaborate with parents on a home-school behaviour plan and share goals for student	1	2	3	4	5	6
4. Hold extra parent conferences for particular problems	1	2	3	4	(5)	6
5. Talk with parents about special activities to do with child at home	1	2	3	4	5	6
6. Develop teacher-parent partnerships	1	0	3	4	(5)	6
7. Send home Teacher-to-Parent Communication letters or newsletters	1	2	3	4	5	6
8. Ask parents to share ways to incorporate their cultural history/stories/traditions in the classroom	1	0	3	4	5	6
9. Make Home Visits	1	2	3	4	5	6
10.Hold parent support groups	1	2	3	4	(5)	6

D. Planning and Support In this section we'd like to get your idea of how often you use each of the following Incredible Years (IY) Strategies. Please mark the response that most clearly describes your approach.	Never	1 time per year	2-3 times per year	Once a month	Once a week	Daily
1. Use IY self-reflective inventories to plan personal teaching goals	1	2	3	4	(5)	6
2. Review my progess in reaching goals for individual student behaviour plans	1	2	3	4	(5)	6
3. Review my discipline hierarchy according to the student's developmental ability	1	2	3	4	(5)	6
4. Collaborate with other teachers for solutions and support	1	2	3	4	(5)	6
5. Give support to other teachers	1	2	3	4	(5)	6
6. Read the IY classroom management book	1	2	3	4	(5)	6
7. Manage my stress level utilizing positive cognitive strategies	1	2	3	4	(5)	6
 Encourage a positive school community (e.g., including input from teacher aides, sharing successes in the classroom with the principal) 	1	2	3	4	5	6

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