| IY Parent and Child Program | | |
|-----------------------------|-------------------------------------|--|
| Session One | Parent Training: Child Training: | Introductions, Goals, & Child-directed play Making New Friends and Learning School Rules |
| Session Two | Parent Training: Child Training: | Child-directed Play Making New Friends and Learning School Rules |
| Session Three | Parent Training: Child Training: | Academic and Persistence Coaching How to Do Your Best in School |
| Session Four | Parent Training: Child Training: | Academic and Persistence Coaching How to Do Your Best in School |
| Session Five | Parent Training: Child Training: | Social and Emotional Coaching How to Do Your Best in School |
| Session Six | Parent Training: Child Training: | Social and Emotional Coaching Understanding Feelings |
| Session Seven | Parent Training: Child Training: | The Art of Effective Praise & Encouragement Understanding Feelings |
| Session Eight | Parent Training: Child Training: | Motivating Children Through Incentives Understanding Feelings |
| Session Nine | Parent Training: Child Training: | Motivating Children Through Incentives Problem-Solving Part 1 |
| Session Ten | Parent Training: Child Training: | Establishing Routines & Household Rules Problem-Solving Part 2 |
| Session Eleven | Parent Training: Child Training: | Effective Limit Setting Problem-Solving Part 3 |
| Session Twelve | Parent Training: Child Training: | Follow Through with Commands Anger Management Part 4 & 5 |
| Session Thirteen | Parent Training: Child Training: | Ignoring Children's Inappropriate Behaviors Anger Management Part 4 & 5 |
| Session Fourteen | Parent Training: Child Training: | Time Out to Calm Down Problem-Solving Part 6 |
| Session Fifteen | Parent Training: Child Training: | Time Out for Aggression & Non Compliance How to be Friendly Part 1 |
| Session Sixteen | Parent Training: Child Training: | Natural & Logical Consequences How to be Friendly Part 2 |
| Session Seventeen | Parent Training: Child Training: | Teaching Children to Problem Solve How to be Friendly Part 3 & 4 |
| Session Eighteen | Parent Training: Child Training: | Teaching Children to Problem Solve How to Talk to Friends Part 1 |
| Session Nineteen | Parent Training: | Review Or Adult Problem-Solving (optional Advance Program) |
| Session Twenty | Child Training: Parent Training: | How to Talk to Friends Part 2 Review and Graduation |
| | Child Training: | Review and Graduation |