



## How I am Incredible!



Child's Name and Age: \_\_\_\_\_

Adults that Support My Growing and Learning:

My Temperament (*e.g., activity level, adaptability, physical sensitivity, intensity, distractibility, persistence, predictability, quiet, anxious, angry*):

My Play and Language Level (*e.g., play alone, anxious or withdrawn, want to initiate play with others but don't know how, initiate but my social interactions are inappropriate, very few words, lots of language, inappropriate language*):

My Favorite Activities (*e.g., reading, soccer, games, music, cooking, building activities, drawing, pretend play*):

Social, Emotional, Persistence, Language and Academic Skills I am Learning (*e.g., helping others, calm down methods, speaking politely, taking turns, listening*):

My Parent's Goals for Me: (*e.g., helping my child follow directions, to better at school, improve his/her academic success, reduce my own anger and stress*):