



# Incredible Years Buzz!



Leader's Name:

E-mail:

Date:

**Check what we've accomplished!**

**Child Directed Play**

**Academic Coaching**

**Persistence**

**Coaching**

**Social Coaching**

**Emotion Coaching**

**Encouragement &**

**Praise**

**Self-Praise**

**Incentives**

**Self-Care**

**Household Rules**

**Predictable Routines**

**Limit Setting**

**Ignore, Redirect &**

**Distract**

**Logical**

**Consequences**

**Time Out to Calm**

**Down**

**Teach Children to**

**Calm Down**

**Problem Solving**

## *Reminders*



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## *Principles*

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## *Personal Goals and Planned Practices*

The  
**Incredible  
Years**

[www.incredibleyears.com](http://www.incredibleyears.com)