



The Incredible Years® Parent School Age Session Protocols for Children with ADHD (6-9 years old)

DVD programs include the BASIC school age Programs 8-10, and some vignettes from the Advance Program. (If you have the Incredible Years Attentive Program, use session 6 to cover the topic on teaching children to problem solve.) The vignettes with the asterix* are highly recommended for children ages 6 to 9 years with ADHD. However, select vignettes according to emotional and social developmental status of children in your group.

Promoting Positive Behaviors in School Age Children

Session One: Introduction, Goals and Parental Attention

Importance of Parental Attention and Special Time

Part 1: Vignettes 1 2* 3* 4* 5* 6*
 7 8 9*

Session Two: Importance of Parental Attention and Special Time cont'd

Part 1: Vignettes 10 11* 12 13* 14 15* 16* 17
 18 19

Session Three: Social, Emotion and Persistence Coaching

Part 2: Vignettes 20* 21* 22 23* 24 25 26* 27*

Session Four: Social, Emotion and Persistence Coaching

Part 2: Vignettes 28* 29* 30* 31 32 33* 34* 35*
 36* 37* 38 39* 40* 41

Session Five: Effective Praise and Encouragement

Part 3: Vignettes 42* 43* 44 45* 46* 47* 48* 49
 50* 51 52* 53* 54* 55 56* 57* 58

Session Six: Using Tangible Reward Programs to Motivate Your Child

Part 4: Vignettes 59* 60* 61* 62* 63* 64* 65 66
 67

Reducing Inappropriate Behaviors in School Age Children

Session Seven: Rules, Responsibilities and Routines

Part 1: Vignettes 1* 2 3 4* 5 6 7* 8*
 9* 10 11* 12* 13*

Session Eight: Predictable Learning Routines and Clear Limit Setting
 Part 2: Vignettes 13* 14 15* 16* 17* 18* 19 20
 21* 22* 23* 24 25* 26* 27 28 29A* 29B*
 30* 31* 32 33

Session Nine: Ignoring Misbehavior
 Part 3: Vignettes 34* 35* 36* 37 38* 39 40* 41*
 42* 43*

Session Ten: Time Out to Calm Down
 Part 4: Vignettes 44 45* 46* 47* 48 49* 50*

Session Eleven: Time Out to Calm Down
 Part 4: Vignettes 51A 51B 51C 52* 53* 54* 55A
 55B 55C 55D 55E

Session Twelve: Other Consequences
 Part 5: Vignettes 56* 57* 58* 59* 60* 61* 62*
 63* 64* 65 66* 67* 68* 69* 70*

Supporting Your Child’s Success in School

These vignettes are not starred. Group leaders may choose vignettes according to families’ needs and developmental status of children in group.

Session Thirteen: Promoting Reading Skills
 Part 1: Vignettes 1 2 3 4 5 6 7 8
 9

Session Fourteen: Dealing with Children’s Discouragement
 Part 2: Vignettes 10 11 12 13 14 15

Session Fifteen: Fostering Good Learning Habits and Routines
 Part 3: Vignettes 16 17 18 19 20 21 22

Session Sixteen: Parents Showing Interest in School
 Part 4: Vignettes 23 24 25 26 27 28 29 30
 31 32 33

Advance Parent Program

This is 8-week curriculum is a separate program designed to be delivered after the Basic parent program is completed. If you have this curriculum we highly recommend offering at least these 3 sessions using the vignettes marked with asterix. For some high risk groups or families with more interpersonal conflict and depression we recommend showing the entire program.

Session Seventeen: Adult Problem Solving Meetings

	Part 1: Vignettes	1	2*	3A*	3B*	3C*	3D*	3E*	3F*
4A	4B	4C	4D	4E	4F	4G	5A	5B	5C
5E	5F								5D

Session Eighteen: Problem Solving with Teachers

	Part 3: Vignettes	10A*	10B*	10C*	10D*	10E*	11A	11B
11C	12A*	12B*	12C*	12D*	12E*	12F*		

Session Twenty: Teaching Children to Problem Solve

	Part 1: Vignettes	1	2	3	4A*	4B*	5A	5B	5C
		5D	5E	5F	5G	5H	5I	6*	7A
		7D	7E	7F	7G				7B
									7C

Final Session: Review and Celebration

Option: It is recommended that the teachers participate in the Incredible Years Classroom Management Training and that children with social skills problems attend the Incredible Years Small Group Dinosaur Treatment Program.

Contact us!

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