



**Incredible Years**  
**Parent Program Satisfaction Questionnaire**  
**Toddlers Program**

(Hand out at end of the program)

Participant's Name \_\_\_\_\_ Date \_\_\_\_\_

The following questionnaire is part of our evaluation of the Incredible Years parenting program that you have received. It is important that you answer as honestly as possible. The information obtained will help us to evaluate and continually improve the program we offer. Your cooperation is greatly appreciated. All responses will be strictly confidential.

### **A. The Overall Program**

Please circle the response that best expresses how you honestly feel at this point.

1. The bonding that I feel with my baby/toddler since I took this program is

considerably worse      worse      slightly worse      the same      slightly improved      improved      greatly improved

2. My baby/toddler's bonding with me using the methods presented in this program is

considerably worse      worse      slightly worse      the same      slightly improved      improved      greatly improved

3. My feelings about my baby/toddler's social, emotional and physical developmental progress are that I am

very dissatisfied      dissatisfied      slightly dissatisfied      neutral      slightly satisfied      satisfied      greatly satisfied

4. To what degree has the Incredible Years parenting program helped with other personal or family problems not directly related to your child (for example, your marriage, your feelings of support in general)?

hindered much more than helped      hindered      hindered slightly      neither helped nor hindered      helped slightly      helped      helped very much

5. My expectation for good results from the Incredible Years parent program is

very pessimistic      pessimistic      slightly pessimistic      neutral      slightly optimistic      optimistic      very optimistic

6. I feel that the approach used to enhance my baby's/toddler's development in this program is

very inappropriate      inappropriate      slightly inappropriate      neutral      slightly appropriate      appropriate      greatly appropriate

7. Would you recommend the program to a friend or relative?

strongly not recommend    not recommend    slightly not recommend    neutral    slightly recommend    recommend    strongly recommend

8. How confident are you in parenting at this time?

very unconfident    unconfident    slightly unconfident    neutral    slightly confident    confident    very confident

9. How confident are you in your ability to manage *future* behavior problems in the home using what you learned from this program?

very unconfident    unconfident    slightly unconfident    neutral    slightly confident    confident    very confident

10. My overall feeling about achieving my goals in this program for my child and family are

very negative    negative    slightly negative    neutral    slightly positive    positive    very positive

**B. Teaching Format**

**Usefulness**

In this section, we would like you to indicate how useful each of the following types of teaching is for you *now*. Please circle the response that most clearly describes your opinion.

1. Content of information presented was

extremely useless    useless    slightly useless    neutral    somewhat useful    useful    extremely useful

2. Demonstration of parenting skills through the use of video vignettes was

extremely useless    useless    slightly useless    neutral    somewhat useful    useful    extremely useful

3. Group discussion of parenting skills was

extremely useless    useless    slightly useless    neutral    somewhat useful    useful    extremely useful

4. Use of practice/role play during group sessions was

extremely useless    useless    slightly useless    neutral    somewhat useful    useful    extremely useful

5. I found the “buddy calls” to be

extremely useless      useless      slightly useless      neutral      somewhat useful      useful      extremely useful

6. Reading chapters from the Incredible Years book or listening to the CD was

extremely useless      useless      slightly useless      neutral      somewhat useful      useful      extremely useful

7. Practicing skills at home with my child was

extremely useless      useless      slightly useless      neutral      somewhat useful      useful      extremely useful

8. Weekly handouts (e.g., refrigerator notes) were

extremely useless      useless      slightly useless      neutral      somewhat useful      useful      extremely useful

9. Phone calls from the group leaders were

extremely useless      useless      slightly useless      neutral      somewhat useful      useful      extremely useful

### ***C. Specific Parenting Techniques***

#### ***Usefulness***

In this section, we would like you to indicate how useful each of the following techniques is in improving your interactions with your child and decreasing his or her “inappropriate” behaviors *now*. Please circle the response that most accurately describes the usefulness of the content or skills.

1. Information about infant/toddler development and developmental milestones

extremely useless      useless      slightly useless      neutral      somewhat useful      useful      extremely useful

2. Providing Physical, Tactile and Visual Stimulation

extremely useless      useless      slightly useless      neutral      somewhat useful      useful      extremely useful

3. Promoting Infant and Toddler Language Development

extremely useless      useless      slightly useless      neutral      somewhat useful      useful      extremely useful

4. Child-Directed Play

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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5. Descriptive Commenting/Social, Emotion and Academic Coaching

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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6. Praise and Encouragement

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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7. Spontaneous Rewards

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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8. Routines, Separation & Reunions

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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9. Ignoring

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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10. Positive Discipline

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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11. Information about baby- and toddler-proofing at home

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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12. This Overall Group of Techniques

extremely useless	useless	slightly useless	neutral	somewhat useful	useful	extremely useful
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### D. Evaluation of Parent Group Leader(s)

In this section we would like you to express your opinions about your group leader(s). Please circle the response to each question that best describes how you feel.

Group Leader #1 \_\_\_\_\_

(name)

1. I feel that the group leader's teaching was

very poor      poor      below average      average      above average      superior      excellent

2. The group leader's preparation was

very poor      poor      below average      average      above average      superior      excellent

3. Concerning the group leader's interest and concern in me and my child, I was

very dissatisfied      dissatisfied      slightly dissatisfied      average      slightly satisfied      satisfied      extremely satisfied

4. At this point, I feel that the group leader in the program was

extremely unhelpful      unhelpful      slightly unhelpful      neutral      slightly helpful      helpful      extremely helpful

5. Concerning my personal feelings toward the group leader, I

dislike him/her very much      dislike him/her      dislike him/her slightly      have a neutral attitude toward him/her      like him/her slightly      like him/her      like him/her very much

If more than one group leader was involved in your program, please fill in the following. (Go to Section E if only one leader was involved.)

Group Leader #2 \_\_\_\_\_

(name)

1. I feel that the group leader's teaching was

very poor      poor      below average      average      above average      superior      excellent

2. The group leader's preparation was

very poor      poor      below average      average      above average      superior      excellent

3. Concerning the group leader's interest and concern in me and my child, I was

very dissatisfied      dissatisfied      slightly dissatisfied      average      slightly satisfied      satisfied      extremely satisfied

4. At this point, I feel that the group leader in the program was

extremely unhelpful      unhelpful      slightly unhelpful      neutral      slightly helpful      helpful      extremely helpful

5. Concerning my personal feelings toward the group leader, I

dislike  
him/her  
very much

dislike  
him/her

dislike  
him/her  
slightly

have a  
neutral attitude  
toward him/her

like  
him/her  
slightly

like  
him/her

like  
him/her  
very much

**E. Overall Program Evaluation**

1. What part of the program was most helpful to you?

2. What did you like most about the program?

3. What did you like least about the program?

4. How could the program have been improved to help you more?