

Name of Organization/Agency: _____
Your Name: _____
Date: _____

The Incredible Years (IY) Evaluation of Quality of Supervision or Mentoring

We are asking you to complete this questionnaire about the quality of mentoring or supervision you are receiving from your mentor or trainer. This information helps mentors and trainers to continually improve the way they provide supervision. Thank you for taking the time to complete this form.

Incredible Years Mentor/Trainer Support

1. How supportive does your mentor seem in helping you to deliver this program?
(Circle one.)

<u>Not at all</u>		<u>Somewhat</u>		<u>Extremely helpful</u>
1	2	3	4	5

2. Does your mentor make time available for ongoing supervision with you for delivering the Incredible Years intervention if you ask for it? (Circle one.)

<u>Not at all</u>	<u>Very little</u>	<u>Some</u>	<u>Quite a bit</u>	<u>Extensive</u>
1	2	3	4	5

3. How satisfied are you with the **amount** of your current supervision/mentoring?
(Circle one.)

<u>Not at all Satisfied</u>	<u>Not very Satisfied</u>	<u>Neutral</u>	<u>Somewhat Satisfied</u>	<u>Very Satisfied</u>
1	2	3	4	5

4. How satisfied are you with the **quality** of your current supervision? (Circle one.)

<u>Not at all Satisfied</u>	<u>Not very Satisfied</u>	<u>Neutral</u>	<u>Somewhat Satisfied</u>	<u>Very Satisfied</u>
1	2	3	4	5

5. When your mentor recommends changes, does s/he provide the rationale for the recommendation in terms of social learning or relationship building principles?

<u>Not at all</u>	<u>Very little</u>	<u>Some</u>	<u>Quite a bit</u>	<u>Extensive</u>
1	2	3	4	5

6. Does your mentor ask you to support your hypotheses about individual families or children in the group, their strengths and the barriers to change for each family in the group?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

7. Does your mentor use a collaborative and problem-solving approach during supervision?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

8. Does your mentor encourage you to do live role plays during supervision sessions?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

9. Does your mentor invite you to share portions of videotapes of your group sessions for review?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

10. Does your mentor invite you to think about goals for your group leadership skills?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

11. Does your mentor use the Group Leader Collaborative Process Checklist to give you feedback?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

12. Is it easy for you to acknowledge frustrations, mistakes or failures with your mentor?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

13. Does your mentor ask questions to determine your approach with an individual family or group?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

14. Does your mentor refer to “principles” that families have learned or that you are using to assist families?

<u>Not at all</u>	<u>Very little</u>	<u>Some</u>	<u>Quite a bit</u>	<u>Extensive</u>
1	2	3	4	5

15. Does your mentor review your session protocols and session evaluations with you as part of supervision?

<u>Not at all</u>	<u>Very little</u>	<u>Some</u>	<u>Quite a bit</u>	<u>Extensive</u>
1	2	3	4	5

16. How skilled do you think your mentor/supervisor is in delivering the IY program?

<u>Not at all</u>	<u>Very little</u>	<u>Some</u>	<u>Quite a bit</u>	<u>Extensive</u>
1	2	3	4	5

17. Does your mentor “model” ways to respond to parents, teachers or children by doing live role plays or by showing you videotapes of their own sessions?

<u>Not at all</u>	<u>Very little</u>	<u>Some</u>	<u>Quite a bit</u>	<u>Extensive</u>
1	2	3	4	5

18. What recommendations do you have for improving the way supervision is done?

19. What is most helpful about the supervision you have received?

20. What changes would you make in the way you get supervision?