

Name of Organization/Agency: _____
 Your Name: _____
 Date: _____

The Incredible Years (IY) Mentor/Trainer Self-Evaluation of Supervision or Mentoring

We are asking you to complete this self-evaluation about the quality of mentoring or supervision you are giving group leaders in training. This information will help you to reflect on the way you provide supervision. It is recommended that you talk about this process with group leaders you are mentoring.

Incredible Years Mentor/Trainer Support

1. How supportive are you in helping group leaders deliver this program? (*Circle one.*)

<u>Not at all</u>		<u>Somewhat</u>		<u>Extremely helpful</u>
1	2	3	4	5

2. Do you make time available to group leaders for ongoing supervision with you for delivering the Incredible Years intervention? (*Circle one.*)

<u>Not at all</u>	<u>Very little</u>	<u>Some</u>	<u>Quite a bit</u>	<u>Extensive</u>
1	2	3	4	5

3. How satisfied are you with the **amount** of supervision/mentoring you are able to offer? (*Circle one.*)

<u>Not at all Satisfied</u>	<u>Not very Satisfied</u>	<u>Neutral</u>	<u>Somewhat Satisfied</u>	<u>Very Satisfied</u>
1	2	3	4	5

4. How satisfied are you with the **quality** of your current supervision? (*Circle one.*)

<u>Not at all Satisfied</u>	<u>Not very Satisfied</u>	<u>Neutral</u>	<u>Somewhat Satisfied</u>	<u>Very Satisfied</u>
1	2	3	4	5

5. Do you provide a rationale for your recommendations in terms of social learning strategies or relationship building principles?

<u>Not at all</u>	<u>Very little</u>	<u>Some</u>	<u>Quite a bit</u>	<u>Extensive</u>
1	2	3	4	5

6. Do you ask the group leaders you mentor to support their hypotheses about individual families or children in their group, their assessment of the strengths and the barriers to change for each family in the group?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

7. Do you use a collaborative and problem-solving approach during supervision?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

8. Do you encourage group leaders to do live role plays during supervision sessions?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

9. Do you invite group leaders you mentor to share portions of their videotapes of their group sessions for review?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

10. Do you invite group leaders you mentor to think about their goals for their group leadership skills?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

11. Do you use the Group Leader Collaborative Process Checklist to give group leaders feedback?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

12. Is it easy for group leaders you mentor to acknowledge their frustrations, mistakes or failures with you?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

13. Do you ask group leaders questions to determine their approach/strategy with an individual family or group?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

14. Do you refer to “principles” that families have learned or that group leaders are using to assist families?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

15. Do you review group leader session protocols and session evaluations with them as part of supervision?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

16. How skilled do you think you are in providing supervision of the IY program?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

17. Do you “model” ways to respond to parents, teachers or children by doing live role plays or by showing videotapes of your own sessions?

Not at all Very little Some Quite a bit Extensive
1 2 3 4 5

18. What goals do you have for improving the way you do supervision with group leaders?

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