Incredible Years Mentor Training Checklist

	Yes	No	Not applicable
Mentor Training Workshop — Content			
Demonstrates a clear understanding of social cognitive and behavioral principles and theory when discussing behavior management.			
Demonstrates accurate understanding and explanation of child development principles during discussions.			
Follows the mentor/trainer checklist for Incredible Years training in recommended order – is very knowledgeable about content.			
Explains rationale for program order and structure clearly.			
Uses personal examples of group work to explain group process in a relevant manner.			
Demonstrates knowledge of current research on empirically validated interventions and criteria for selecting intervention programs.			
Can accurately explain research that has been conducted concerning Incredible Years Programs.			
Provides up-to-date handouts and research regarding the program.			
Models group leadership style by asking participants to be parents (or children).			
Mentor demonstrates understanding of assessment strategies regarding program evaluation.			
Is knowledgeable about cultural diversity and sensitivity.			
Demonstrates how to focus on cognitive, affective and behavioral aspects of intervention.			

	Yes	No	Not applicable
Mentor Training Workshop Interpersonal Process			
Uses effective group process leadership skills (i.e., sets ground rules).			
Uses a collaborative style.			
Models a warm, empathic, and reinforcing approach with every participant.			
Demonstrates respect for different viewpoints.			
Engages participants in active dialogue.			
Creates a feeling of safety for discussions.			
Uses humor when appropriate.			
Uses self-disclosure strategically.			
Validates participants' previous experiences and expertise.			
Mentor Training Workshop Leadership Skills			
Explains agenda for each day's workshop.			
Has prepared nametags, food, handouts in advance.			
Emphasizes the importance of participant preparation and taking time to study the materials.			
Summarizes and restates important points.			
Imposes sufficient structure to facilitate group process.			
Prevents sidetracking by participants.			
Knows when to be flexible and allow a digression for an important issue and knows how to tie it into session's content.			
	Yes	No	Not applicable

Uses role plays in presentations — skills practice provided.			
Uses values exercises to promote insights.			
Evaluates each session.			
Participants' Responses to Mentor Training Workshop			
Participants appear comfortable and involved in session.			
All participants are actively involved in discussions.			
Participants complete positive evaluations of sessions.			