



## Incredible Years

### 1-day School Readiness Consultation Training

**This training is for group leaders who are certified in the Basic parent program or have had experience using it. It is small group format (10-14 participants) and each participant is assigned (in advance of the training) 1-3 vignettes from a session topic to prepare, present and model to the group. This will include setting up buzzes, large and small group practices and brainstorms. (see specifics below)**

**They will receive feedback from the trainer and group participants.**

#### **Opening Introductions and Goals**

Participant introductions, experience of using Basic Preschool Parenting programs and goals.

#### **Brainstorm Key Principles**

Review principles underlying the Incredible Years Parenting Programmes

#### **Overview School Readiness Program**

Review content of program and population addressed. (*This program can be delivered in schools to parents in 4 sessions and can be used to entice parents to attend the complete basic 14-week parent program.*)

#### ***Child Directed Play DVD 1 SESSION ONE***

##### *Session 1: Academic and Persistence Coaching*

Brainstorm – ways have encouraged their children to be prepared for school

Show and mediate Introduction Narration and Vignette 1 (2 mothers and sons and dinosaurs), *Encouraging Children's Academic Skills*, brainstorm academic skills.

Show and mediate Vignette 6, Vietnamese mother and translator) *Building Children's Language*, Brainstorm persistence coaching.

Set up a large group practice for parents in academic and persistence coaching.

\*need drawing materials & blocks

**Presenters:** \_\_\_\_\_

**Presenters:** \_\_\_\_\_

##### *Session 1 continued: Social Coaching*

Brainstorm – social behaviors to encourage for school readiness

Show and mediate Vignette 2 (boys sharing dinosaurs), *Prompting and Encouraging Social Skill*

Brainstorm script for social coaching.

Show and mediate Vignette 3 (boys alphabet puzzle), *Coaching Positive Peer Play*.

Buzz play activities and play dates ideas.

Set up a practice of social coaching in dyads. (use social coaching handout)

\*need puzzles

**Presenters:** \_\_\_\_\_

**Presenters:** \_\_\_\_\_

### ***Child Directed Play DVD 1 SESSION TWO***

#### *Session 2: Emotion Coaching*

Introduce topic and rationale for emotion coaching.

Show and mediate Vignette 7 (girls being patient and waiting), *Supporting Emotional-Regulation Skills*, Brainstorm emotions to encourage & teach about persistence coaching.

Show Vignette 9 (mother praises girl for compliment) and Vignette 11, *Emotion Coaching*, Brainstorm emotion words to coach during play. Set up large group practice of emotion coaching. \* need duplos

**Presenters:** \_\_\_\_\_

**Presenters:** \_\_\_\_\_

#### *Session 2 continued: Emotion Coaching*

Show and mediate Vignette 13 (pretend phone call) *Fantasy or Pretend Play*, and Vignette 14 (puppets), *Puppet Play*. Set up small group practice of emotion coaching and imaginary play. (use emotion coaching handouts)

\* need puppets or pretend phones

**Presenters:** \_\_\_\_\_

**Presenters:** \_\_\_\_\_

### ***Interactive Reading DVD 2 SESSION THREE***

#### *Session 3: Interactive Reading ~ CARE Building Blocks*

Introduce new topic (see page 126 questions)

Show Introductory Narration and mediate Vignettes 1, 2, 3.

Set up practice in dyads with picture books (no words) and practice skills learned. \* need picture books

**Presenters:** \_\_\_\_\_

**Presenters:** \_\_\_\_\_

#### *Session 3 continued: Interactive Reading*

Show 6 Vignette 6 (colors and shapes), *Commenting and Expanding*,

Show Summary after Vignette 7 and set up practice in dyads with books with words and practice skills learned using all CARE strategies. \* need word books

**Presenters:** \_\_\_\_\_

**Presenters:** \_\_\_\_\_

### ***Interactive Reading DVD 2 SESSION FOUR***

*Session 4: Interactive Reading ~ Using Books to Encourage Problem Solving*

Introduce topic.

Show Vignettes 21-25 (mother and daughter read and determine feelings of character and solve problems); Summary after Vignette 25; Set up practice in dyads with books and practice connecting and expanding statement skills or feeling language learned.

\* need books

**Presenters:** \_\_\_\_\_

**Presenters:** \_\_\_\_\_

*Session 4 continued: Using Wally Detective Books*

Show Vignettes 26-29 (Dorian and detective book with mother), *Teaching Problem Solving with Books*, Set up practice in dyads with Wally books and puppets. \* need books

**Presenters:** \_\_\_\_\_

**Presenters:** \_\_\_\_\_

**Review of the day**

**Evaluation**