



Attentive Parenting® Group Leader Tele-Session Training
Session One Assignment



To Read:

- Read chapters 1 in book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.

To Practice:

- If possible, play with a child using the child-directed process of following the child's lead and being an "appreciative audience".

To Study:

- Program 1: Child Directed Play
Watch some vignettes from this unit and notice how the manual supports group leaders to mediate vignettes with suggested questions, key points, and suggestions for practices.



Attentive Parenting® Group Leader Tele-Session Training
Session Two Assignment



To Read:

- Read chapter 2 in book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.

To Practice:

- If possible, play with a child using academic & persistence coaching.

To Study:

- Program 2: Academic & Persistence Coaching
Watch some vignettes from this unit and notice how the manual supports group leaders to mediate vignettes with suggested questions, key points, and suggestions for practices.



Attentive Parenting® Group Leader Tele-Session Training
Session Three Assignment



To Read:

- Read chapters 3 & 4 in book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.

To Practice:

- If possible play with a child using emotion & social coaching.

To Study:

- Program 3: Emotion Coaching
- Program 4: Social Coaching

Watch some vignettes from these units and notice how the manual supports group leaders to mediate vignettes with suggested questions, key points, and suggestions for practices.



Attentive Parenting® Group Leader Tele-Session Training
Session Four Assignment



To Read:

- Read chapter 5 in book *The Incredible Years (3rd edition) A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years*, by Carolyn Webster-Stratton, Ph.D.

To Practice:

- If possible play with a child using emotion & social coaching methods and trying explaining the calm down thermometer to a child.

To Study:

- Program 5: Emotion Regulation
- Program 6: Problem Solving

Watch some vignettes from these units and notice how the manual supports group leaders to mediate vignettes with suggested questions, key points, and suggestions for practices.