



Incredible Years® Autism Program Tele-Session Training Pre-Training Self-Study

Participants must have the Autism Program Curriculum Materials (Autism Program Group leader manual, DVDs, book) to participate.

For the training participants should plan to have access to unstructured toys (such as bubbles, toy cars, building blocks, balloons, hand puppets, picture books, play dough) for role-play practices.

Our online training is intended to be highly interactive and collaborative. Plan for active participation in discussions and practices, and be free from other distractions. Please plan to participate over a computer (not a cell phone), with your camera turned on and your face in frame, with your computer microphone enabled. Seeing each other's faces adds greatly to the group cohesion and building trust, and models the way we expect the program to be delivered when offered online whenever possible.



To Read:

- Read Chapters 1 & 2 in book *Helping Preschool Children with Autism: Parents and Teachers as Partners*, by Carolyn Webster-Stratton, Ph.D.
- Read Webster-Stratton, C., Dababnah, S., & Olson, E. (2018). The Incredible Years Group-Based Parenting Program for Young Children with Autism Spectrum Disorder. In M. Siller and Morgan, L. (Eds.), *Handbook of Parent Coaching Interventions for Very Young Children with Autism* (pp.261-283). Switzerland: Springer.

<http://www.incredibleyears.com/article/the-incredible-years-group-based-parenting-program-for-young-children-with-autism-spectrum-disorder-2/>

To Study:

- **Website Pre-Workshop Self Study Page:**
<https://incredibleyears.com/workshop-info/pre-training-self-study/>



Incredible Years® Autism Program Tele-Session Training
Session One Assignment



To Read:

- Read chapters 1 & 2 (if not read previously) and chapter 3 (child descriptive commenting, pre-academic and persistence coaching methods) in book *Helping Preschool Children with Autism: Parents and Teachers as Partners*, by Carolyn Webster-Stratton, Ph.D.

To Study:

- Read/Review Part 1 in your Leader's Manual and watch some vignettes. Notice how the manual supports group leaders to mediate vignettes with suggested questions, key points and suggestions for practices.



Incredible Years® Autism Program Tele-Session Training
Session Two Assignment



To Read:

- Read chapters 4 & 5 (Social & Emotion Coaching) in book *Helping Preschool Children with Autism: Parents and Teachers as Partners*, by Carolyn Webster-Stratton, Ph.D.
- Read chapter 4 in book *Collaborating with Parents to Reduce Children's Behavior Problems*, by Carolyn Webster –Stratton, Ph.D.

To Study:

- Read/Review Part 2 in your Leader's Manual (leader questions) and watch some vignettes



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Session Three Assignment



To Read:

- Read Chapters 5, 6, & 7 (Emotion Regulation) in book *Helping Preschool Children with Autism: Parents and Teachers as Partners*, by Carolyn Webster-Stratton, Ph.D.

To Study:

- Read/Review Parts 3 & 4 in your Leader's Manual (leader questions) and watch some vignettes



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Session Four Assignment



To Read:

- Read Chapters 8, 9 & 10 (Positive Attention & Praise) in book *Helping Preschool Children with Autism: Parents and Teachers as Partners*, by Carolyn Webster-Stratton, Ph.D.
- Read chapter 6 in book *Collaborating with Parents to Reduce Children's Behavior Problems*, by Carolyn Webster-Stratton, PhD

To Study:

- Read/Review Parts 5 & 6 in your Leader's Manual (leader questions) and watch some vignettes
- If time, review vignettes in Parts 6 & 7 so you can practice leading groups next session