

*Incredible Years® Baby Group Leader Tele-Session Training*  
*Session One Assignment*



***To Read:***

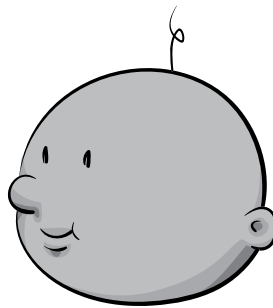
- Read chapters 1 & 2 in *Incredible Babies* book by Carolyn Webster-Stratton, Ph.D.

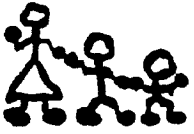
***To Practice:***

- If possible observe a baby speaking parentese and complete the “Things I Can Do” journal

***To Study:***

- Review vignettes in Part 1 of the Baby Program with questions in leader manual.





*Incredible Years® Baby Group Leader Tele-Session Training*  
*Session Two Assignment*



**To Read:**

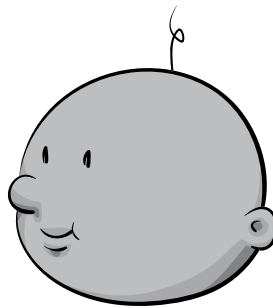
- Read chapter 3 in *Incredible Babies* book by Carolyn Webster-Stratton, Ph.D.

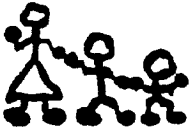
**To Practice:**

- If possible play with a baby using “parentese” language, practicing mirroring, singing and providing some form of physical, tactile, and visual stimulation such as massage or bath play and complete the “Things I Can Do” journal

**To Study:**

- Review vignettes in Parts 2 & 3 of the Baby Program with questions in leader manual.





*Incredible Years® Baby Group Leader Tele-Session Training*  
*Session Three Assignment*



**To Read:**

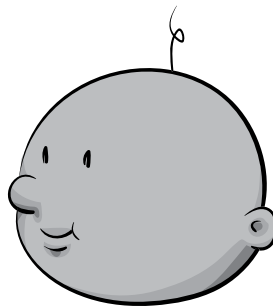
- Read chapters 4 & 5 in *Incredible Babies* book by Carolyn Webster-Stratton, Ph.D.

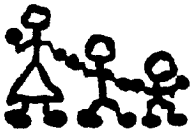
**To Practice:**

- If possible find out from a parent of a newborn about their support team and complete the “Things I Can Do” journal with them

**To Study:**

- Review vignettes in Parts 4 & 5 of the Baby Program with questions in leader manual.





*Incredible Years® Baby Group Leader Tele-Session Training*  
*Session Four Assignment*



**To Read:**

- Read chapter 6 in *Incredible Babies* book by Carolyn Webster-Stratton, Ph.D.

**To Practice:**

- If possible talk with a parent of a baby (6-12 months) about child-led feeding and complete a safety check. Complete the “Things I Can Do” journal with the parent.

**To Study:**

- Review vignettes in Part 6 of the Baby Program with questions in leader manual.

