



Incredible Years® Group Leader Tele-Session Training Session One Assignment



- Read chapters 3, 4 & 8 in book Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs, by Carolyn Webster-Stratton, Ph.D.
- Read chapter 1 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

To Practice:

• If possible play with a child using the child-directed process of following the child's lead, narrating their play actions and being an "appreciative audience".

To Study:

• Review vignettes in Part 1 of Play Program with questions in leader manual.





Incredible Years® Group Leader Tele-Session Training Session Two Assignment



- Read chapter 5 (Typical questions) in book Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 2, 3 & 4 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

To Practice:

• If possible play with a child using academic, persistence, social and emotion coaching language

To Study:

• Review vignettes in Parts 2 & 3 of Play Program with questions in leader manual.





Incredible Years® Group Leader Tele-Session Training Session Three Assignment



- Read chapters 6 & 7 (Typical questions) in book Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 5, 6 & 7 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

To Practice:

• If possible practice praising a child or family member and yourself for completiing one of your goals.

To Study:

• Review vignettes in Parts 1 & 2 of Praise & Incentives Program and Parts 1 & 2 of Limit-Setting Program with questions in leader manual.





Incredible Years® Group Leader Tele-Session Training Session Four Assignment



- Read chapters 9 & 10 in book Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 8, 9 & 14 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

To Practice:

• If possible play with a child using the coaching principles and practice setting some clear limits and ignoring misbehavior.

To Study:

• Review vignettes in Parts 2 & 3 of Handling Misbehavior Program with questions in leader manual.





Incredible Years® Group Leader Tele-Session Training Session Five Assignment



- Read chapters 11, 13 & 14 in book Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 10-13 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for* Parents of Children Aged 3-8 Years (3rd edition), by Carolyn Webster-Stratton, Ph.D.

To Practice:

• If possible try problem-solving using one of the scenarios from the illustrated Wally books with a child & using puppets to practice solutions. Set up a logical or natural consequence for misbehavior and/or try ignoring misbehavior.

To Study:

• Review vignettes in Parts 3, 4 & 5 of Handling Misbehavior Program with questions in leader manual.