

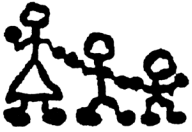
Parent Peer Coach Tele-Session Training
Training Assignments

Pre-Training Self-Study:

- **Handouts:** print out and review the documents that support the parent peer coach process:
[Materials for Parent Peer Coach Training](#)
- Go to the website link below and review the description of the role of a peer coach
<https://incredibleyears.com/certification-gl/incredible-years-peer-coach-certification/>
- Prepare a video of yourself leading a parent group. This should be a 5-10 minute segment of you in the content leader role. Think of a question/goal that you would ask in a coaching session. Make sure that you have time codes marked for where your video clip starts and stops. You will be paired with a buddy between sessions 2 and 3 and the two of you will practice coaching each other using your video clips.

Session 1 Assignment:

- Look over the coaching handouts [Materials for Parent Peer Coach Training](#) (if not done previously).
- Look over coaching section of the website to see the coaching resources, evaluation forms, gem sheets, etc... <https://incredibleyears.com/resources/coach/>
- Please make sure that you have your video clip ready. Remember this should be a 5-10 minute clip of you leading a parent group (on-line or in person) and you should have a goal identified that you'd like to work on with your coach buddy. You will meet with your buddy twice between sessions 2 and 3. You will schedule these sessions for 1-1.5 hours. Each of you will take a turn coaching the other, using the parent group videos you've prepared.
- You will be assigned a buddy. Please check in with your buddy to make sure that you are able to connect with each other using an on-line platform that will allow you to share and watch your videos together. Usually zoom or teams will work. Make sure you know what time zone your buddy is in. Let the trainers know if there are technology or schedule problems with your assigned buddy.

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*Parent Peer Coach Tele-Session Training
Training Assignments cont.*

Session 2 Assignment:

- Meet with your buddy 2 times (for 1-1.5 hours each time). For the first coaching session one of you will be the coach and the other person will be the group leader (showing your group leader video). Use the gems sheet and Parent group leader Process checklist during the coaching session (links below). After the coaching session, take time to debrief the process. Group leader should give positive feedback to the coach. Discuss together any issues, questions, or ideas for making coaching session even more effective. Reverse roles for the second coaching session. Use the evaluation forms and peer coach process checklist (links below).

• **Forms for Coaching Session**

[Gem Sheets \(editable\)](#)

[Parent Peer Coaching Process Checklist \(editable\)](#)

[Collaborative Process Checklist \(for parent group leader - editable\)](#)

[Evaluation of Quality of Peer Coaching \(for Group Leader - editable\)](#)

[Peer Coach Self-Evaluation of Video Supervision \(editable\)](#)