

***Incredible Years® Group Leader Tele-Session Training  
Session One Assignment***



***To Read:***

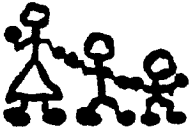
- Read chapters 3, 4 & 8 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapter 1 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

***To Practice:***

- If possible engage in some special time activity with a preadolescent being an “appreciative audience” and following their lead.

***To Study:***

- Review vignettes in Program 9 Part 1 and 2 of leader manual with questions.



*Incredible Years® Group Leader Tele-Session Training*  
*Session Two Assignment*



***To Read:***

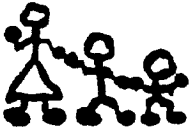
- Read chapter 5 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 2-5 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

***To Practice:***

- If possible do a special activity with a school age child or do home work using persistence and emotion coaching. Praise positive behaviors you notice.

***To Study:***

- Review vignettes in Program 9 Parts 2 and 3 of leader manual with questions.



*Incredible Years® Group Leader Tele-Session Training*  
*Session Three Assignment*



***To Read:***

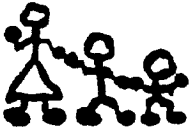
- Read chapters 6 & 7 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 5-7 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

***To Practice:***

- If possible practice setting up an incentive system with a child or family member & reward yourself for completing one of your goals.

***To Study:***

- Review vignettes in Program 9 Part 4 (Rewards) & Program 10 Part 1 (Rules and Routines) with leader manual.



*Incredible Years® Group Leader Tele-Session Training*  
*Session Four Assignment*



***To Read:***

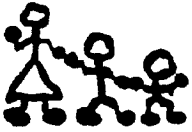
- Read chapters 9 & 10 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 8, 9, & 14 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

***To Practice:***

- If possible play with a child using the coaching principles and practice setting some clear limits and ignoring misbehavior.

***To Study:***

- Review vignettes in Program 10 Parts 2 & 3 Handling Misbehavior with questions in leader manual.



***Incredible Years® Group Leader Tele-Session Training  
Session Five Assignment***



***To Read:***

- Read chapters 11, 13 & 14 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 10-13 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

***To Practice:***

- If possible try problem solving using one of the scenarios from the Wally books with a child & using puppets to practice solutions. Set up a logical or natural consequence for misbehavior and/or try ignoring misbehavior.

***To Study:***

- Review vignettes in Program 10 Handling Misbehavior Parts 3, 4, & 5 with questions in leader manual.