



How I am Incredible!



Child's Name and Age: _____

Adults that Support My Growing and Learning:

My Temperament (e.g., activity level, adaptability, physical sensitivity, intensity, distractibility, persistence, predictability, quiet, anxious, angry):

My Academic Level (e.g., reading or math difficulties or strengths, level of concentration and distraction, cooperative school projects easy or difficult, homework completed or not):

My Favorite Activities (e.g., reading, group sports, games, art activities, drama play, using puppets, individual sports, science projects, music):

Social, Emotional, & Language Level (e.g., withdrawn, anxious or confident & curious, level of aggression and/or impulsivity, problem solving easy or difficult, socially friendly or has few friends, ability to use calm down methods, communicates easily or with difficulty):

Goals for Me: (e.g., learning social skills, improving language communication, math or reading skills, making friends, learning to problem solve, being more confident, increasing cooperation with parents and teachers, reducing aggressive behavior, improving focus and concentration):