

Incredible Years® Group Leader Tele-Session Training
Session One Assignment



To Read:

- Read chapters 8-10 & 13 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 2-4 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

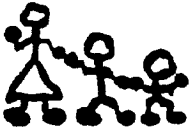
To Practice:

- If possible set up a special time with a child ages 9-12 years using the child-directed process of following the child's lead and using persistence, social and emotion coaching. And/or use persistence coaching with a child doing homework.

To Study:

- Review vignettes in Program 9 with questions in leader manual.

Reward yourself with pleasurable activity for this self-study work!



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To Read:

- Read chapters 7 & 11 in book *Collaborating with Parents to Reduce Children's Behavior Problems: A book for Therapists Using the Incredible Years Programs*, by Carolyn Webster-Stratton, Ph.D.
- Read chapters 9, 14 & 15 in Parent book, *The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3-8 Years* (3rd edition), by Carolyn Webster-Stratton, Ph.D.

To Practice:

- If possible practice leading some of the vignettes with some of your colleagues.

To Study:

- Review vignettes in in Parts 3 & 4 of *Effective Limit Setting and Managing Misbehavior*.