

Training led by: Sue Evans, M.Ed., Ed.D.

In-depth discussion and training for group leaders in the empirically supported Incredible Years® programs. December 4th, 5th, 11th and 12th 7:00am - 10:15am US PST \$710

### **ABOUT THE TRAINING**

This online training is designed for group leaders who plan to implement the Incredible Years Parents and Babies Program. This 9-12 session program focuses on teaching parents how to provide nurturing parenting to babies including: offering physical, tactile, verbal and visual stimulation, coping with crying babies, safety proofing one's house, and understanding the developmental needs of babies. Group therapy process issues such as empowering parents, collaborating, dealing with resistance, confronting and teaching, supporting and advocating for parents will be discussed. It is recommended (but not required) that group leaders have previously attended the Incredible Years BASIC Parent Group Leader Training. Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation!

## **ABOUT THE TRAINER**

Sue Evans, M.Ed., Ed.D. is a Consultant Child Psychologist. Sue is a certified trainer in many of the Incredible Years parent programs, including the IY Autism and Language Delay programme. Sue is also a trainer in the IY teacher programmes. She is now semi-retired from her post as Consultant Child Psychologist for Parenting and Childrens' Social Competence programmes with a health board in mid-Wales. For many years she has offered training and supervision in a range of IY programmes to agencies in her local area, and also offered training and supervision to agencies across Wales in her prior role as honorary Lecturer at Bangor University. Sue has been involved in a number of research trials linked to IY programmes. Sue led a team that previously won the NHS Wales award for "Working Seamlessly Across Organizations" in delivering the IY programs in Powys, mid Wales. Since March 2020 Sue has worked with agencies in her local area to deliver IY programmes online as a way of continuing access to services during the pandemic. Prior to being involved with IY programmes, Sue worked for many years as an Educational Psychologist both in Wales and in England. Her doctoral work involved the development of solution-focused, collaborative consultation groups for teachers.





# Goals of the parents & babies training series:



- Promoting parents' learning about how to read baby cues, signals and temperament
- Helping parents cope with babies' crying and fussy periods
- Learning about baby -proofing one's home and keeping babies safe
- Helping parents understand how babies learn from parents' responsive interactions
- Parents learning to speak "parentese," sing, and read to babies
- Providing optimal physical, tactile, auditory and visual stimulation for babies
- Learning strategies to keep baby and parent calm
- Promoting support networks and involving others in babies' life

#### **REGISTER EARLY! SPACE IS LIMITED!**

## **Registration Information:**

FEE: \$710.00 per participant, due in advance of training.

\*The training does NOT include copies of Incredible Years® program materials (leader manuals, videos, etc.) for delivering the program. Full program is purchased separately. <u>Visit our website for program pricing and ordering information</u>.

PLEASE NOTE: In order to participate in the on-line training, participants must have access to the full IY Baby Parenting Program curriculum set (including Leaders manual, DVDs/USB, and Incredible Babies book for parents). This training model will require participants to engage in pre- and between-session study of materials. Please see program curriculum information on page 4 of this brochure. We also recommend purchasing the Experts in Action Series for the Parents and Babies Program. This program (3 DVDs) shows IY Program Developer Dr. Carolyn Webster-Stratton leading a baby parenting group and will be a valuable supplement to the online training.

### **REGISTER EARLY!** Space is limited.

To register, please see the registration link on the next page.

**CONFIRMATION** of registration will be sent via e-mail to registered participants.

**CANCELLATION POLICY:** The fee less \$50.00 for handling will be refunded IF requested in writing a minimum of 14 business days prior to the workshop. IY reserves the right to cancel this training up to three weeks in advance if registration numbers are too low to hold an effective training. If cancellation on behalf of IY occurs, all registration fees will be returned to the registrant.



# To register for training:

Online Baby Parent Group Leader Training runs December 4th, 5th, 11th and 12th, 2023.

This Zoom tele-session training will be held over 4 sessions, on **December 4th, 5th, 11th and12th**, **2023**, **2023**, from **7:00am-10:15am Pacific Standard Time**. Please note that we are located in the US Pacific Time Zone (Seattle, WA, USA). If you live elsewhere, please calculate time change to see if this will fit with your schedule. To receive your certificate of attendance and be eligible for Group Leader Certification you must be able to participate in and complete the full training.

Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation, and be free from other distractions. **Please plan to participate over a computer** (not a cell phone), with your camera turned on and your face in frame, with your computer microphone enabled. Seeing each other's faces adds greatly to the group cohesion and building trust, and models the way we expect the program to be delivered when offered online whenever possible. Please add your name to your Zoom profile so that our trainer can use your name during discussions.

To register, please complete the registration form on-line:

https://forms.gle/DcGEtJm2RU5MqDHw5

Completing the registration form does not guarantee that you have a training spot. We will follow up with an email to let you know that we have received your registration and let you know that we have placed you in the course. Once the spaces are full, we will start a waiting list.

PAYMENT MUST BE RECEIVED IN ADVANCE OF WORKSHOP to reserve space.

We will send you an invoice for the registration fee.

### CONTACT US!

E-mail: incredibleyears@incredibleyears.com

Phone: 206-285-7565

Website: www.incredibleyears.com

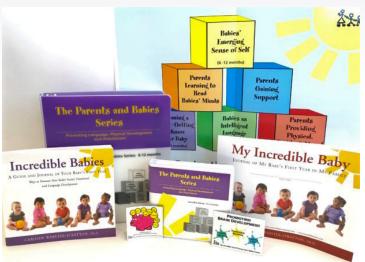


## **About the Parents & Babies Program:**

This online training prepares group leaders to deliver the Parents & Babies Program to parents with babies ages birth to 12 months. The Parents & Babies Program curriculum set is sold separately. To learn more about the Parents & Babies Program, please visit our website.

### The Parents & Babies Program Curriculum set includes:

- Comprehensive Leader's Manual
- Program video vignettes available on DVD, USB
  -or- NEW 1-year streaming subscription
- Incredible Babies book
- My Incredible Baby book
- Baby Building Blocks Poster
- Brain Development Refrigerator Magnet
- Baby Brain Neurons Poster set (set of 3 posters, not pictured)



### **Purchasing Information**

The Parents & Babies Program Curriculum is available in 3 formats:

- Parents & Babies Program Curriculum Set (with DVDs or USB): \$950.00
- Parents & Babies Program Curriculum Set (with 1-year subscription to online video streaming):
  \$430 per person

To purchase the Parents & Babies Program curriculum set, please visit our website.

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