

Training led by: Micah Orliss, Ph.D.

In-depth discussion and training for group leaders in the empirically supported Incredible Years® programs. May 17th, 20th, 21st, 23rd & 28th 8:00 am - 11:15 am US PST \$890

About the Training

This online training workshop will present in depth the evidence-based "Small Group Dinosaur Treatment" child training program developed by Dr. Carolyn Webster-Stratton. The program is designed to promote children's problem-solving skills, appropriate classroom behaviors, and positive social skills. Program topics include: understanding feelings, problem-solving, regulating emotions, how to be friendly, and doing your best in school. The program utilizes puppet play, group work, and fun activities to teach children these skills.

This intervention program is appropriate for use by clinicians/therapists with small groups of children (ages 4-8 who have behavior problems, either in mental health settings or in schools as "pull out" sessions. Participants in this training should have experience with groups of children and a graduate degree in social work, psychology, education, nursing, counseling, or a related degree. After this training, group leaders can offer this 18-22 week curriculum to groups of children aged 4-8 years old in a therapeutic setting. To learn more about the <u>Small Group Dinosaur program</u>, <u>please visit our website</u>.

Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation!

About the Trainer

Micah Orliss, Ph.D. is a licensed psychologist at Children's Hospital Los Angeles and an Assistant Professor of Clinical Pediatrics at the University of Southern California (USC) Keck School of Medicine. Micah is a faculty member of the Project HEAL program, where he works with children and families exposed to trauma. He specializes in working with infants and children in foster care. He also supervises interns and postdoctoral fellows in CHLA's APA Accredited pre-doctoral psychology internship and postdoctoral psychology fellowship. As part of his clinical work, Micah has been conducting Dina Small Groups for over ten years and has been a Certified Small Group Dina Leader since 2013 and a Certified Small Group Dina Mentor since 2017. Micah is also trained in the Preschool BASIC Parent Groups, Advanced program, and Attentive Parenting program.





Goals of the child training series:



 Promote child emotional, social, and academic competencies and reduce aggressive and non-compliant behaviors.

- Strengthen children's social skills and appropriate play skills (turn-taking, waiting, asking, sharing, helping and complimenting).
- Promote children's use of self-control strategies as effective problem-solving steps and effective anger management strategies.
- Increase emotional awareness by labeling feelings, recognizing the differing views of oneself and others, and enhancing perspective taking.
- Boost academic success, reading and school readiness.
- Reduce defiance, aggressive behavior, and related conduct problems such as noncompliance, peer aggression and rejection, bullying, stealing and lying.
- Decrease children's negative cognitive attributions and conflict management approaches.
- Increase self-esteem and self-confidence.

Registration Information:

FEE: \$890.00 per participant, due in advance of training.

*The training does NOT include copies of Incredible Years® program materials (leader manuals, videos, etc.) for delivering the program. Full program is purchased separately. Please see page 4 of this brochure & visit our website for program pricing and ordering information.

PLEASE NOTE: In order to participate in the on-line training, participants must have access to a full IY Small Group Dina Program curriculum set (including Leader's manual, DVDs, and Incredible Teachers book). This training model will require participants to engage in pre- and between-session study of materials. We also recommend purchasing the Experts In Action: Child Small Group Therapy Sessions Program. This program (7 DVDs) are an opportunity to see program developer Carolyn Webster-Stratton and Incredible Years trainers delivering the Small Group Dina child group and will be a valuable supplement to the online training.

REGISTER EARLY! Space is limited. To register, please see the registration link on the next page.

CONFIRMATION of registration will be sent via e-mail to registered participants.

CANCELLATION POLICY: The fee less \$50.00 for handling will be refunded IF requested in writing a minimum of 14 business days prior to the workshop. A rebooking fee of \$50 will be assessed for rescheduling missed training days.

IY reserves the right to cancel this training up to three weeks in advance if registration numbers are too low to hold an effective training. If cancellation on behalf of IY occurs, all registration fees will be returned to the registrant.



Online Small Group Dina Child Group Leader Training runs May 17th, 20th, 21st, 23rd, and 28th, 2024

This Zoom tele-session training will be held over 5 sessions, on May 17th, 20th, 21st, 23rd, and 28th, from 8am - 11:15am US Pacific Standard Time. Please note that we are in the P acific Time Zone (Seattle, USA). If you live elsewhere, please calculate time change to see if this will fit with your schedule. To receive your certificate of attendance and be eligible for Group Leader Certification you must be able to participate in and complete the full training.

Our online trainings are intended to be highly interactive and collaborative. Attendees should plan for active participation, and be free from other distractions. **Please plan to participate over a computer (not a cell phone)**, with your camera turned on and your face in frame, with your computer microphone enabled. Seeing each other's faces adds greatly to the group cohesion and building trust, and models the way we expect the program to be delivered when offered online whenever possible. Please add your name to your Zoom profile so that our trainer can use your name during discussions.

To register, please complete the registration form on-line: https://forms.gle/iE9a27eddUidM1128

Completing the registration form does not guarantee that you have a training spot. We will follow up with an email to let you know that we have received your registration and let you know that we have placed you in the course. Once the spaces are full, we will start a waiting list.

PAYMENT MUST BE RECEIVED IN ADVANCE OF WORKSHOP to reserve space.

We will send you an invoice for the registration fee.

CONTACT US!

E-mail: incredibleyears@incredibleyears.com Phone: 206-285-7565 Website: www.incredibleyears.com





About the Small Group Dina Program Curriculum:

This online training prepares group leaders to deliver the evidence-based Small Group Dina Curriculum to preschool and early school-age children ages 4-8 years. The Small Group Dina Curriculum set is sold separately. To learn more about the Small Group Dina program, please visit our website.

The Classroom Dinosaur Curriculum set includes:

- Comprehensive Leader's Manuals
- Program video vignettes available on DVD, USB
 -or- NEW 1-year streaming subscription
- Incredible Teachers Book
- Wally's Books for Solving Problems (set of 4)
- Detective Home Activities Manual
- Wally's Detective Kit Box
- Wally's Feeling Wheel Posters (2 types)
- Calm Down Thermometer Poster
- Feelings Faces Cue Cards set
- Dinosaur Child Program Stickers (6 rolls)
- Dina Dinosaur Magnet



Purchasing Information

The Small Group Dina Curriculum is available in 3 formats:

- Small Group Dina Curriculum Set (with DVDs or USB): \$1,650.00
- Small Group Dina Curriculum Set (with 1-year subscription to online video streaming): \$660 per person

To purchase the Small Group Dina Curriculum set, please visit our website.

CONTACT US!

E-mail: incredibleyears@incredibleyears.com

Phone: 206-285-7565

🖵 Website: www.incredibleyears.com

