SMART START PILOT GRANTS UPDATE

The Incredible Years BASIC Parent Training – Early Childhood

October 2008 Evaluation Update

While more than one family member could participate in the program, one set of evaluation surveys was collected for each child. Surveys for 59 children were collected at the beginning of the program, and 49 (83% pre/post survey completion rate) were collected at the end. A total of 66 parent/guardians completed the program.

Parenting Practices

There was an increase in positive parenting practices and a decrease in negative parenting practices.

Positive Parenting Practices

	Jan 2008	June 2008
Appropriate Discipline	4.4	4.9
Positive Parenting	4.7	5.3
Clear Expectations	5.4	5.7

Average score from January to June 2008 Scores range from 1 to 7; higher score = more positive parenting practices

Negative Parenting Practices

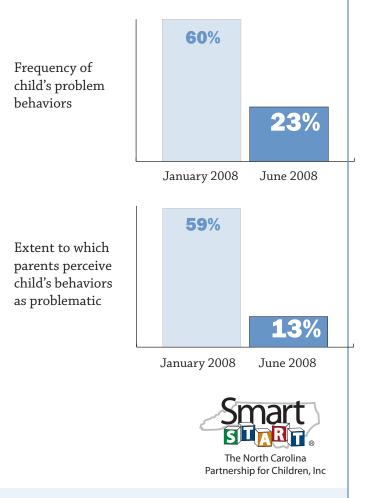
	Jan 2008	June 2008
Harsh Discipline	2.9	2.1
Inconsistent Discipline	3.3	2.5

Average score from January to June 2008 Scores range from 1 to 7; higher score = more negative parenting practices

Child Behavior

Parents reported a decrease in above normal problem behaviors. Decreased scores show improvement.

Percent of Parents Reporting Above Normal Scores For...



Results presented in this Update were provided in the *Evaluation of Smart Start Family Support and Health Grant Options Quarterly Report: September 29, 2008* authored by Iheoma U. Iruka and Kelly Maxwell, FPG Child Development Institute, UNC – Chapel Hill